

About the Project

- Elderly people are exposed to all types of abuse, even though they are less visible compared to younger victims
- 3-year Erasmus+ TISOVA project was launched in 2017 to address this issue
- Consortium of **5 partners** from 4 European countries
- **Project aim:** educate key groups on violence perpetrated against elderly

Project results:

1. **Analytical report** on abuse of older women, including policy recommendations
2. **Training handbook** on providing support for elderly female victims of abuse
3. **Online course** based on the training handbook
4. **Guidelines** on how to use training handbook and online course



Training Handbook

Within the framework of the project, we did a **research** to learn more **about experiences of female elderly victims of abuse**. Based on the findings we've developed training handbook that is tailored for **3 different target groups**:



The handbook is designed for **teachers & trainers** to deliver a training on the prevention of & response to, violence against older persons.

Training handbook, available for free on the [website](#)



Actors from *LendTeater*

Online Course

- Based on the Training handbook
- Is divided into **3 independent study paths**: for professionals, for volunteers and for elderly.
- Each study path contains **video lectures** and **interactive exercises**
- It also has **role-plays** to illustrate different abusive situations. They were recorded with actors from **LendTeater**, located in Elva, Estonia.

Topics covered in study paths:

Common theoretical framework

- definitions and concepts of elder abuse;
- forms (and signs) of violence against older persons;
- scenarios of elder abuse;
- risk and protective factors;
- consequences of violence;
- what are human rights on the international and European level

For professionals

- types of victim's respond to abuse
- supporting persons with memory disorders and dementia
- techniques and methods of identification, screening tools
- professional's roles, responsibilities
- principles of intervention and empowerment, safety planning.

For volunteers

- volunteers' roles & responsibilities
- principles of volunteer work
- volunteers rights
- the Do's and Don'ts when an older person discloses abuse

For elderly

- ageing in today's society
- elder abuse as a violation of human rights
- how to protect oneself from abuse and mistreatment

Sirkka Perttu, author of the Training handbook, healthcare professional & the founding member of Women's Line in Finland



Guidelines

Ways of using the materials

1 As online learning program

- Perfect fit for the self-paced individual learners
- Online course can be taken any time on our website

2 In individual parts

- Use only elements of the on-line course and/or Training handbook
- E.g. download video for elderly & show it to the clients of your organization

3 As an in-person training

- Organize a training on elder abuse in your organization
- Use the Training handbook to find teaching advises & practical exercises
- Use Online course as a theoretical base that participants can watch at home

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You can learn more about our project & access all the materials available in **5 languages** (English, Estonian, Finnish, German and Greek) on the project's website:

<https://www.wave-network.org/tisova/>



We should start thinking about old age as a **new stage of life**, where new skills & experiences could be obtained. Our future should be **age-friendly & encouraging for older people** instead of excluding them from the society.



Marina Kaljurand, Member of European Parliament from Estonia



INTRODUCTION TO TISOVA EDUCATIONAL MATERIALS

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